## Basic 4-H Information

Mission Statement: The mission of 4-H is to assist youth, and adults working with those youth, to gain additional knowledge, life skills, and attitudes that will further their development as self-directing, contributing, and productive members of society.

Motto: "To Make the Best Better"

What are the four "H's"? Head, Heart, Hands, & Health

### What are the 4-H ages?

Cloverbud Members: ages 5-8 Junior Members: ages 9-11 Intermediate Members: ages 12-13 Senior Members: ages 14-18

# What are the 10 curriculum areas of 4-H?

Animal Sciences
Careers and Economic Education
Citizenship
Communication and Expressive Arts
Family Sciences
Foods, Nutrition, and Health
Leadership and Personal Development
Natural Resources & Environmental
Education
Plants, Soils and Entomology

Science, Engineering, and Technology

How do I get my child involved in 4-H or become an adult volunteer with 4-H in Isle of Wight County?

Contact Celia Brockway, your local Extension Agent for 4-H Youth Development, at 757.365.6262



If you are a person with a disability and desire assistance or accommodation, please notify Celia Brockway, Isle of Wight Office at 757-365-6258 during business hours of 8:30 a.m. and 5:00 p.m.



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# Isle of Wight County 4-H



Virginia Cooperative Extension Isle of Wight County 17100 Monument Circle, Suite B Isle of Wight, VA 23397

# 4-H Clubs, Projects, Program & Camps in Isle of Wight County

### 4-H Clubs

Airfield 4-H Swamp Shooters > On the second and fourth Sunday of every month, this club meets from 1:30 p.m. to 3:30 p.m. at the Airfield 4-H Center near Wakefield. Certified volunteers provide shooting education in archery, riflery, and shotgun. Throughout the year, the Swamp Shooters participate in a variety of competitions. Youth ages 9-18 are invited to participate.

**4 Cs Club >** The Cs stand for Critters, Crops, Crafts and Cooking. This club focuses on a variety of topics to enhance several different areas of 4-H. They meet the first Monday of each month at the Isle of Wight Extension Office at 7 p.m.

Cloverbuds 4-H Club > Youth ages 5-8 can come and have fun the first Saturday of the month from 10 a.m. to 12 p.m. This group discusses topics such as gardening and animals. The location varies.

Fur & Feather Club > This club meets the second Tuesday of each month at the Isle of Wight Extension Office at 7 p.m. They focus on raising small animals, such as goats, lambs, poultry, rabbits, guinea pigs, dogs, and cats. It is not mandatory that you own an animal to participate.



### Home School Enrichment Clubs

Tidewater Trailblazers & L.E.A.D. Huskies Club > Tidewater Trailblazers focus on horses and L.E.A.D. Huskies focus on robotics. These clubs meet at a local horse owner's farm in Suffolk. It is not mandatory that you own a horse to participate in the club.

Renaissance School of the Arts > This club meets each Thursday during the daytime home school programming held at the Ebenezer United Methodist Church in Suffolk. The club focuses on the expressive arts, such as drama, voice, and instrumental.

### **Special Interest 4-H Projects**

**4-H Cured Ham Project** > Youth and adults learn to cure their own hams the "old fashioned" way. The project begins each January. The registration deadline is in December.

**4-H Animal Projects** > Youth purchase, raise, and record the everyday activities, nutrition, illnesses, etc. of their show animal (goat, lamb, poultry, rabbit, and guinea pig) and participate in the 4-H Livestock Shows at the Isle of Wight County Fair in September. Registration for these projects is in late spring.

For more information about any of these clubs, please contact the Isle of Wight Extension office at 757-365-6262.

### 4-H Residential Camps

(All overnight 4-H Camps are held at the Airfield 4-H Center in Wakefield, VA)

**4-H Junior Camp** > A one week overnight camp. Campers must be 9-13 years old.

**Teen Counselors at 4-H Camp** > Participants must be 14-18 years old. This is a volunteer position for one week. An application, interview and training are mandatory.

**4-H Teen Weekend** > Participants must be 14-18 years old.

Winter & Summer 4-H Cloverbud "Weekend" Camp > Campers must be 5-8 years old.

### 4-H Day Camps

(All day camps are held within the county)

Junior Master Gardeners Day Camp > Held one week each summer. Day campers must be 9-13 years old. Camps are lead by Isle of Wight Tidewater Master Gardeners.

Other Day Camp Possibilities > Sewing, Cooking, Nutrition, Rocketry, Leadership, Aerospace, Geocaching, Entomology, Robotics, and more.

### 4-H School Enrichment Conducted in Isle of Wight Schools

Embryology, horticulture, animal science, character building, parliamentary procedure, citizenship, environmental science, agriculture, public speaking, leadership & personal development, entomology, after school programming & others upon request.